

SUIE CHANG NGAI, PSY.D.

Licensed Psychologist
14201 SE Petrovisky Rd. A3-125
Renton, WA 98058

Professional Licensure

Washington PY60740023

Areas of Specialty

Adult professionals (20s-40s).

Evidence-based (CBT) and solution-focused approach.

Mental health and psychological evaluations.

Strong diagnostic, critical-thinking, and communication skills.

Anxiety, adult ADHD, stress, Asian American mental health, work/interpersonal concerns, adjustment issues.

Education

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| 2016 | Doctorate in Clinical Psychology (Psy.D.)
Washington School of Professional Psychology- Seattle, WA |
| 2010 | Master of Arts in Clinical Psychology (MA)
Washington School of Professional Psychology- Seattle, WA |
| 2007 | Bachelor of Arts
University of Washington-Seattle, WA |

Professional Experience

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| 2018- Present | LICENSED CLINICAL PSYCHOLOGIST
Private Practice- Greater Seattle Area <ul style="list-style-type: none">▪ Provide individual therapy to address issues including adult ADHD, anxiety, work-related stress, interpersonal concerns, Asian American mental health, adjustment disorders, and trauma.▪ Conduct pre-employment screenings for a national security company.▪ Coordinate care and provide consultation with other care providers.▪ Provide recommendations for treatment and evaluation and crisis intervention.▪ Work with clients to develop effective coping skills. |
| 2016-2018 | LICENSED MENTAL HEALTH COUNSELOR
Private Practice- Seattle, WA <ul style="list-style-type: none">▪ Provided individual therapy for adults and children (ages 4-11).▪ Interventions included evidence-based (CBT), solution-focused and play therapy.▪ Collaborated with schools and other medical professionals.▪ Provided parent-coaching and treatment recommendations. |

- 2016-2017
- COUNSELOR**
Dev Bootcamp- Seattle, WA
- Led Engineering Empathy workshops to address issues such as stress management, wellness, teamwork, workplace boundaries, etc.
 - Provide individual therapy for coding bootcamp students, focusing on short-term and solution-oriented treatment.
- 2015-2016
- THERAPIST (LMHC)**
Mindful Therapy Group- Seattle, WA
- Provided therapy and crisis intervention to children, families, and adults.
 - Assessed and treated various mood disorders, including depression, anxiety, OCD, bipolar disorder, PTSD, interpersonal concerns, adjustment disorders, and grief and loss.
 - Coordinated care with multidisciplinary team, including psychiatric services.
- 2013-2016
- INTERN/PRE-INTERN**
Ryther- Seattle, WA
- Provided individual therapy for children ages 4-14 in both residential and outpatient settings.
 - Administered psychological assessments for children ages 4-17.
 - Wrote psychological reports and facilitated feedback sessions.
 - Provided family therapy, parent coaching, and residential milieu consultation.
 - Experience with crisis management and emergency hospitalization.
 - Coordinated inpatient/outpatient treatment plans, discharge plans, and community resources.
 - Worked cross-functionally to support clients and families.
 - Familiarity with crisis services and high acuity inpatient settings.
 - Present quarterly case conferences.
- 2012-2013
- PRACTICUM TRAINEE**
Monroe Correctional Complex (Special Offender Unit)- Monroe, WA
- Provided individual intake assessments and therapy for incarcerated adults experiencing significant psychiatric illness.
 - Conducted, interpreted, and wrote neuropsychological assessments.
 - Administered the TONI-4, Ammons Quick Test, and Traumatic Brain Injury questionnaire/clinical interview as part of the Department of Corrections Traumatic Brain Injury project.
 - Supported various correctional units by providing clinical consultation and assessment services.
- 2012-2013
- PSYCHOMETRICIAN**
Western Washington Medical Group- Everett, WA
- Administered and scored psychological assessments for children, adults, and geriatric adults.
 - Utilized assessments including the WAIS-IV, WISC-IV, ROCF, WMS-IV, CVLT, NESPY, WIAT-II, WRAML-2, Boston-Naming Test, HVOT, WCST, Trails A & B, TOMMS, BDI-2, BYI, PAI, and other psychological tests.

2011-2012

PRACTICUM TRAINEE

Seattle University Counseling & Psychological Services- Seattle, WA

- Conducted intake assessments and provided crisis management and individual counseling for undergraduate and graduate college students.
- Facilitated quarterly case conferences and outreach activities.
- Regularly consulted with the Student Health Center to coordinate care.

2009-2010

INTERN THERAPIST

Navos- Burien, WA

- Conducted mental status examinations, intake assessments, and provided individual therapy and case management for adults.
- Addressed issues of depression, anxiety, schizophrenia, PTSD, and mood.